

Student Name: SHLOKA A SOLANKI

Name of the activity: YOGA & MEDITATION

Duration of the activity: 2^{1/2} yrs

Start date: 15 August 2021 - 2022 End date: Cont.

Place where activity was conducted: My studio - Her Home

Was risk assessment done before the start of the activity? Yes / No







If "Yes" how was it changed or handled? Handled

Supervisor Name: Mrs. Kajal Parekh

Contact number: 98199-12214 Supervisor's email id: K.t.parekh2008@gmail.com

Number of hours spent by student: 4 hours / Wk

Attendance: 93 %

Effort:    Commitment:   

Supervisor's comments:

She is very active, enthusiastic and hard working. Her stamina and flexibility has improved a lot over the period of 2 years.

Activity status: Completed [] Not completed [- still doing 3-4 day/wk

Supervisor signature: Kajal Parekh

Student signature: Shloka Date: 15/02/23